



## Breastfeeding Alliance of Northeast WI

WORKING TOGETHER  
to make a difference in the Northeast Region

**12/08/2022**

**Members present:** Michelle Burlington Green Lake County Health Dept., Sarah Resop Waushara County, Sarah Rhone and nursing student, Allison Laverty Montag Winnebago County, Judy Oppelt and Cindy Brylski-Breit Outagamie County Public Health, Jess Moyle Appleton Health Dept. and Clare Holzschuh Menasha Health Dept.

### **Financial Report**

Currently \$404.03 in checking and \$101.99 in savings

### **Updated BFAN Website BFF Childcare website info**

Jess updated with information she has received so far- contact her with any updates

### **Reviewed BFAN website**

Membership tab changed- membership has dwindled will need to reevaluate at the end of next year to see how well we are able bring back members after the pandemic.

### **Website**

- Discussion regarding revisions needed for the website.
- Discussed putting something on the website about pumps. Algorithm for qualities of each pump in relation to breastfeeding goals
- Reviewed charter, officer and ground rules of BFAN.
- Discussion regarding website hosting fee of \$300 due in January/February. Cindy will reach out to Dylan to see if can reduce that rate at all.
- Email any suggestions for the website to Jess.
- Discussed re-setting- promoting BFAN again. Looking at getting more variety in attendees: clinic, hospital staff also instead of mainly Public Health staff.
- Will add the Medical Providers certified in Breastfeeding to BFAN resource list.  
Dr. Jacoby Mosaic is now an IBCLC                      Dr. Hilary Weber - pediatrician is breastfeeding friendly  
Dr. Sarah Wypisinski- wants to be an IBCLC      Dr. Tracy Rank- wants to be an IBCLC

### **Forward Health Revised Coverage for Breast Pumps- effective 10/01/2022**

Discussion regarding breast pumps through Forward Health- manual breast pumps will most likely count as the one pump per year. Meaning if a mother will need an electric pump at any time for this baby she will need to get that instead of a hand pump or will not be able to get an electric pump.

Discussed doing an information sheet on how to use the Forward Health breast pump order form and how mom can get a breast pump with DME information. NEB and DME information.

WIC will no longer be having pumps at the office any longer. If not on medical assistance moms will order their pump through WIC from NEB medical. If mom is on Forward health she will get her pump through medical assistance. Winnebago County Public Health is going to do the loaner pumps for emergency situation. Outagamie County has a limited supply of emergency single user electric Spectra 2 pumps. Clinic staff need frequent education about Medicaid rules for breast pumps due to the turn over. Discussed getting one pager out to clinics helping to get the proper electric pump instead of hand pump knowing this will be the mother's only pump for this pregnancy. St. E's- if mom is pumping they give the Medela symphony kit. If mom needs a pump for home they order through NEB medical.

Discussed doing a breast pump pros and cons list relating to moms breastfeeding goals. WIC is making a video on how to use each pump and a list of pros and cons.

A couple of items mentioned regarding breast pumps to keep in mind:

- Motif pump comparable to Spectra pump.
- Medela flanges are nice but the vacuum is now + and – and unable to see what vacuum you are on. Also tubing is shorter and the flange itself is stubbier, resulting in nipple trauma.

Discussed reaching out to local OB offices to see what do they currently do? Does their system do classes? Ascension is returning to face to face classes and Theda Care is well. Discussed preparing support for breastfeeding families- anticipatory guidance. Many moms are dealing with anxiety. Discussed getting across the message that breastfeeding doesn't have to be all or none.

### **Updated Chiropractor and CST resource list**

Updated list provided with agenda

Please email Cindy with any additional providers

### **Academy of Breastfeeding Medicine- Mastitis Protocol**

This protocol works for engorgement, mastitis, and plugged ducts

Katrina Mitchel – was on the team that updated the Mastitis Protocol and was on Dr. Eglash's team. She is a breast surgeon and IBCLC.

### **Community Options:**

Discussed needing a forum so people could participate online for lactation. Currently Public Health is only getting referrals from NICU. Discussed need Peer Counselors in hospitals.

Hospital classes for childbirth and breastfeeding – virtual

Outagamie County WIC considering recording breastfeeding education

Parent Connection- hybrid with zoom option attended better. They have had a lot of traction for virtual.

Winnebago County- Parent Resource Hours- 3 hours in which parents can drop in for car seats, vaccinations, breastfeeding and speak with moms as First 5 FV. No appointment necessary except for car seat.

Library table top event promoting Parent Resource Hours.

2<sup>nd</sup> Tuesday Oshkosh 1-4 pm, 4<sup>th</sup> Thursday 11-2 no vaccines in Neenah have to go to Menasha.

## **MCH Objectives 2023**

Fond du Lac- will be dropping developmental screening not sure what they will do

Appleton- considering Perinatal Mental Health and Health Equity Objectives

Winnebago County- Social Connectedness and Health Equity.

Outagamie County - Adolescent Well Being and Breastfeeding Friendly Child Care/Workplace

Menasha- Breastfeeding Friendly Child Care/Workplace

January WALC Meeting- January 23<sup>rd</sup> -3<sup>rd</sup> Monday of month- Virtual- – will start advertising on WALC website.

## **Meeting dates for 2023:**

February 9<sup>th</sup>

April 13<sup>th</sup>

June 8<sup>th</sup>

August 10<sup>th</sup>

October 12<sup>th</sup>

December 14<sup>th</sup>

**Next meeting February 9, 2023**

**Zoom or In person**

**1pm-3:30pm**

**UW-Extension Office**

**3365 W. Brewster St**

**Appleton, WI**